

## Employment and Financial Wellbeing

- Implement carer policies in workplaces to include flexibility in hours, exception in sickness policy, support in maternity returns, carers passport, employees understanding their rights
- Promoted best practice for carer support in the workplace
- Support carers into employment

## Services and Systems that work for carers

- Improve communication of local offer to professionals and public
- Consider new approach to 18-25 year old's who transit from young carers to adults (Spurgeons to Carer Support Team)
- Adapt services appropriately for carers from various cultures, faiths

## Building Research and Evidence to improve outcomes for carers

- Connect carers to digital aspect of health to ease access

# Carers Priorities

Professionals  
Workshop Jan 2020

## Recognising and supporting carers in the wider community

- Work with carer support groups to better understand carer needs
- Reach communities that are not representative in services
  - Ensure services are needs promoted
  - Widen single point of access to carer support
- Ensure professionals understand services available and pathways
  - Ensure key services are connected to this work i.e. DWP
- Make it easier to self identify as a carer through positive promotion

## Support Young Carers

- Identify more young carers through, for example, Health Related Behavioural Survey in schools, Healthy Child Programme
  - Link to school improvement /education (links into attendance)
  - School champions for young carers
- Raise awareness of what a young carer is to help break down barriers, and promote support services available
- Primary care services to be identify young carers when young people accompany adults they care
  - Be active of social media